

MAKE THE SHIFT

27 Days to Make Change Happen

The number 3 = growth & expansion. Therefore, it makes sense to use this number to increase your energy vibe!

- If you could move 3 things each day for 3 days, the intention to change would shift something in your life.

- If you multiplied this: $3 \times 3 = 9$. And again, $9 \times 3 = 27$! Could you imagine the possibilities for change?

You have the control to MOVE STUFF and make it happen! Commit to the shift. Embrace the change. Get started: ONE DAY AT A TIME. Check off each day when completed.

START
DATE:

Day 1 Authentic

Day 10 Joy

Day 19 Sensational

Day 2 Brave

Day 11 Keen

Day 20 Terrific

Day 3 Creative

Day 12 Love

Day 21 Unbridled

Day 4 Determined

Day 13 More

Day 22 Victorious

Day 5 Efficient

Day 14 Nesting

Day 23 Wonderful

Day 6 Forgiving

Day 15 Optimistic

Day 24 Xtraordinary

Day 7 Gratitude

Day 16 Positive

Day 25 YES

Day 8 Humble

Day 17 Queen

Day 26 Zumba dancing

Day 9 Intention

Day 18 Rewards

Day 27 GOLD STAR!